



Health Services Healthy Ireland Implementation Plan 2023 - 2027 Summary

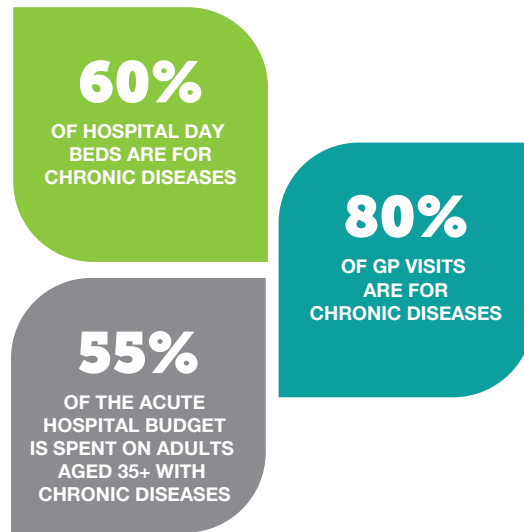


This summary brochure outlines the strategic areas, purpose statement and key principles of the *Health Services Healthy Ireland Implementation Plan 2023-2027*. This *Health Services Healthy Ireland Implementation Plan 2023-2027* aims to build the role of the Health Services in:

- Enabling individuals to live longer, healthier lives through all stages of their life by supporting them to adopt healthy behaviours
- Supporting people to self-manage and live well with their chronic health condition(s)
- Supporting the development of healthy environments that help people and staff to adopt healthy behaviours

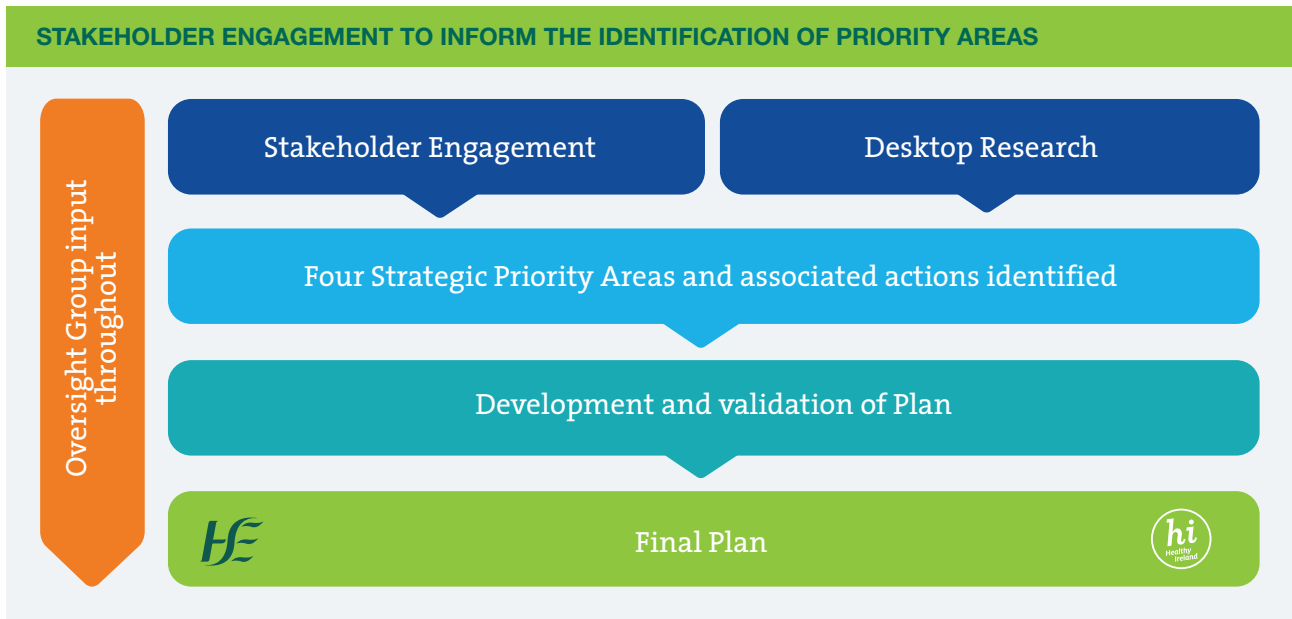
The development of this *Health Services Healthy Ireland Implementation Plan 2023-2027* has been informed by Governments Healthy Ireland strategic direction and aligns with the implementation of the HSE Health Regions and the focus on the development of fully integrated, clinically informed services. This plan seeks to promote and support the embedding of health and wellbeing as a key operational workstream in each HSE Health Region.

Promoting health and wellbeing and preventing chronic disease is a critical component of creating a sustainable shift in our national approach to delivering healthcare.



The HSE Healthy Ireland Plan was developed through extensive consultation with both internal and external stakeholders.

The stakeholder discussions and information resulted in four strategic priority areas, 6 key principles and 72 actions.



Four strategic priority areas

The four strategic priority areas are interdependent, with the achievement of the focus areas of ‘embedding health and wellbeing in health service delivery’ and ‘supporting healthy behaviours from childhood through to healthy ageing’ being highly dependent on the other two strategic priorities, ‘strengthening partnership and community working’ and ‘supporting staff personal health and wellbeing’.



The consultation process included the identification of a purpose statement and six key principles guiding the implementation of these four strategic priority areas.

Purpose statement



We will promote and support healthy living and healthy behaviours for all age groups of our population and our staff as part of our core business in the delivery of health and social care services.

The healthcare system will continue to play an important leadership role in driving the whole healthcare system to shift towards a culture that places greater emphasis and value on prevention and keeping people well.

THE FOUR STRATEGIC PRIORITY AREAS INTERDEPENDENCIES



Key principles

Seeking to deliver on the Department of Health’s Healthy Ireland Framework vision, “everyone can enjoy physical and mental health and wellbeing to their full potential”, and using this as our guide, we will:

- 01.

Leverage our unique opportunity as the organisation in Ireland with the largest public sector workforce and the greatest societal reach **to promote and support healthy behaviours** across all age groups in our population.

- 02.

Promote the Healthy Ireland vision as we provide and procure services and products and **as part of our partnership work** with voluntary, statutory, and other organisations.

- 03.

Support people to improve their health and wellbeing, and work with public sector organisations and departments to address the social determinants of health in order to **reduce health inequalities**.

- 04.

Demonstrate **our commitment to tackling climate change** and promote sustainability by recognising that climate change is having a direct effect on our health and wellbeing, and on the environment.

- 05.

Aim to maximise the benefits of the implementation and **use of digital technology** to support people’s health and wellbeing.

- 06.

Provide a working environment that supports staff in their own health and wellbeing, demonstrating that we care about them by providing positive working environments where staff feel respected and valued.

Summary actions and measures of success

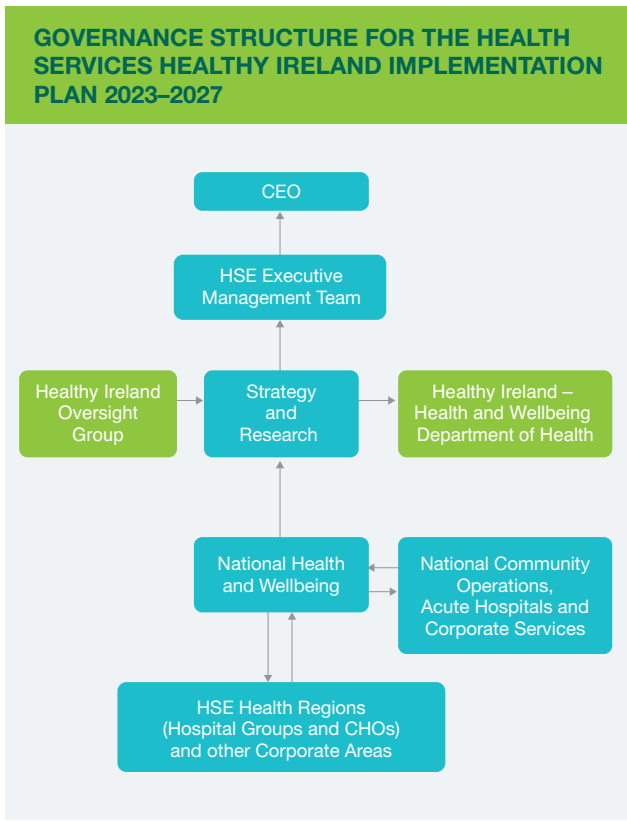
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Embedding health and wellbeing in health service delivery
8 ACTIONS | 6 MEASURES OF SUCCESS
- 

Strengthening partnership and community working
13 ACTIONS | 6 MEASURES OF SUCCESS
- 

Supporting healthy behaviours from childhood through to healthy ageing
46 ACTIONS | 8 MEASURES OF SUCCESS
- 

Supporting staff personal health and wellbeing
5 ACTIONS | 8 MEASURES OF SUCCESS





Healthy Ireland Framework

Goals

- 1 Increase the proportion of people who are healthy at all stages of life
- 2 Reduce health inequalities
- 3 Protect the public from threats to health and wellbeing
- 4 Create an environment where every individual and sector of society can play their part in achieving a *Healthy Ireland*

Vision

A Healthy Ireland, where everyone can enjoy physical and mental health and wellbeing to their full potential, where wellbeing is valued and supported at every level of society and is everyone's responsibility.

The Implementation of Healthy Ireland in the Health Service

The HSE's response to the Government's Healthy Ireland Framework

In 2015, the HSE commenced the implementation journey of Healthy Ireland across the health services and continues to build momentum and awareness of Healthy Ireland with the publication *Health Services Healthy Ireland Implementation Plan 2023-2027*.



National Implementation Plan 2015-2017

9 Community Healthcare Organisations Healthy Ireland Plans

6 Hospital Group Healthy Ireland Plans



Progress Report 2015-2020

Health Services Healthy Ireland Implementation Plan 2023 - 2027

HSE Health Regions Healthy Ireland Implementation Plans
Work to commence

To view or download a copy of the *Health Services Healthy Ireland Implementation Plan 2023-2027* visit www.hse.ie/healthyireland/

To contact the HSE Healthy Ireland Office email: healthyireland@hse.ie